



## Sports Specific Coach Development Workshops - 2009

The Active After-school Communities program in Victoria is offering a series of sports specific coach development workshops in the April school holidays. These FREE two hour practical workshops will explore alternative ways to deliver Playing for Life activities for the most popular sports in the program. The workshops will also have a strong focus on behaviour management and how to cater for large groups with mixed abilities.

The sessions are open to all coaches and will be offered in two central suburban locations. The workshops are designed for both the experienced and inexperienced coach who has interest in the sports on offer.

### Monday April 6 – Building Q, NMIT, Preston Campus, Cramer St, Preston

Sports	Times	Playing for Life Focus
AFL/Soccer	1.00pm – 3.00pm	Invasion Games and Group Management
Dance/Gymnastics	3.30pm – 5.30pm	Movement Games and Group Management
Martial Arts	7.00pm - 9.00pm	Movement Games and Group Management

### Thursday April 16 – Deakin University YMCA, Burwood Campus, 221 Burwood Hwy

Sports	Times	Playing for Life Focus
Tennis/Badminton	10.00am – 12.00pm	Net and Court Games and Group Management
Netball/Basketball	1.00pm - 3.00pm	Invasion Games and Group Management
Dance/Circus	3.30pm - 5.30pm	Movement Games and Group Management

### WHAT COACHES WILL GAIN...

- Develop your coaching skills in the AASC environment
- Refresher on Playing for Life coaching philosophy
- Gain new skills in dealing with groups of children
- Meet other AASC coaches who deliver similar activities to you
- Learn a number of new games and activities specific to your sport
- Be involved in a fantastic networking opportunity
- Have fun!

## Community Coach RSVP details

Please RSVP two working days prior to each session and note each session will be capped at 25 participants.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Monday, April 6 – NMIT Preston

Building Q, Preston Campus, Cramer St.

Sessions attending: (please tick the session/s you plan to attend)

Sports	Times	I would like to attend
AFL/Soccer	1.00pm – 3.00pm	
Dance/Gymnastics	3.30pm – 5.30pm	
Martial Arts	7.00pm - 9.00pm	

### Thursday, April 16 – Deakin University YMCA

221 Burwood Hwy, Burwood

Sessions attending: (please tick the session/s you plan to attend)

Sports	Times	I would like to attend
Tennis/Badminton	10.00am – 12.00pm	
Netball/Basketball	1.00pm - 3.00pm	
Dance/Circus	3.30pm - 5.30pm	

## Send your RSVP to the following person

Robyn Muir - AASC Regional Coordinator

Email – [robyn.muir@ausport.gov.au](mailto:robyn.muir@ausport.gov.au) Fax - (03) 8698 7700

Ph - (03) 8698 7703 Mobile – 0437 700 392

P.O. Box 19267, Southbank, VIC 3006

Please feel free to call or email if you have any questions.